



ERIE RAILROAD COMPANY

JULY

1955

WHAT'S COOKIN'?

SOME of these new, fancy, push-button kitchens are really something to marvel at. But there are still lots of bazards that these new-fangled gadgets and gimmicks baven't eliminated.

Housewives still cut themselves with knives (cutting strokes should be made away from the body), burn themselves with hot water, grease and hot appliances (just plain carelessness), cut themselves picking up broken dishes and glass (gloves or a broom is the answer there), slip on spilled food and liquids (should be cleaned up immediately).

But wait a minute. Maybe we're picking on the gals too much. These very same injuries cause their share of trouble to dining car employees, too. And most of these injuries can be chalked up to thoughtlessness and carelessness. That can be cured with some good old common sense and safe thinking.

A question in the physiology exam read: "How may one gain good posture?"

The country boy chewed on his pencil, then wrote: "Keep the cows off it and let it grow awhile."

First Indian: "Where's that settler I just shot?"

Second Indian: "Right over there. Just follow the arrow."



Vol. 8, No. 7

Norval Burch, Trainmaster Tom Dodds, Conductor Les Dutton, Engineer

SUMMER SAG

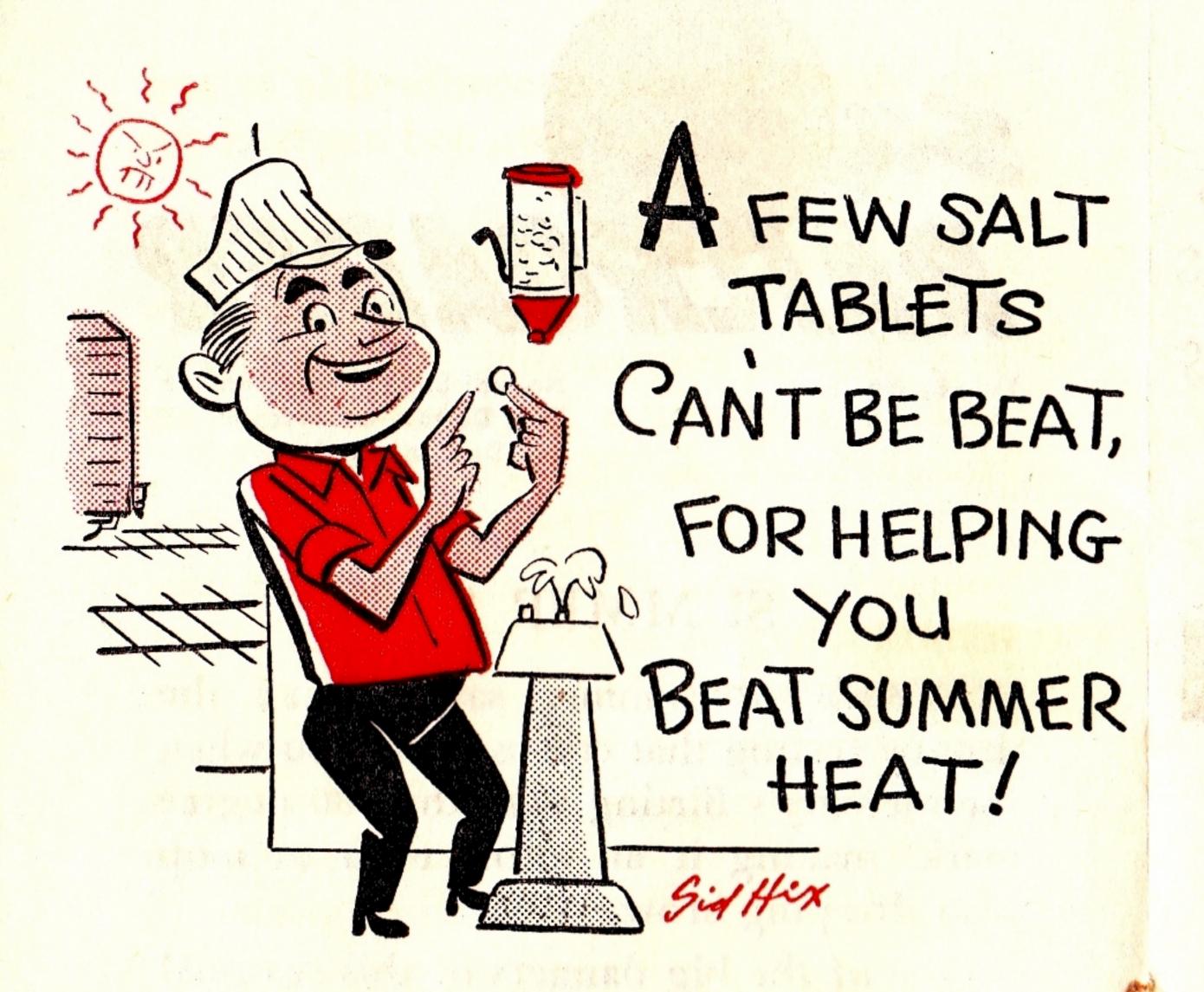
BEWARE of summer sag. That's the droopy feeling that creeps in on you when the mercury's flirting with the 100 degree mark, making it an effort even to mop your dripping brow.

One of the big dangers of this seasonal ailment is that it can take some of the snap out of hand signals. So, this time of year you'll need a little extra concentration and extra effort to keep your signals clear and distinct. Don't let the weather make your signals sag-nals.

The appliance salesman wound up with a black eye and red face when a tempting-looking blonds came into the store and said sweetly that she would like "a little oven."

It's easy to identify the owner of the automobile. He's the one who, after you pull the door shut, always opens it again and slams it harder.

Copyright, 1955, National Safety Council 425 N. Michigan Ave., Chicago 11, Ill. Printed in U.S.A.



IT'S ALL IN THE FIT

WE recently received a letter from a railroad machinist in California who has taken note of our frequent mention of toe-protection safety shoes. He's agin 'em. He says they aren't comfortable and they're hard on his feet.

Our correspondent apparently has had unfortunate experiences and we don't know enough about his case to figure out why. We are sympathetic, but puzzled.

But we do know that if you get your safety shoes from a reputable manufacturer and get them properly fitted to your

feet, they'll be just as comfortable as any other properly fitted shoe, and maybe more so.

We know a lot of people in desk jobs who wear safety shoes simply because they provide comfortable, durable, goodlooking footwear a lot cheaper than an equally good pair of regular shoes.

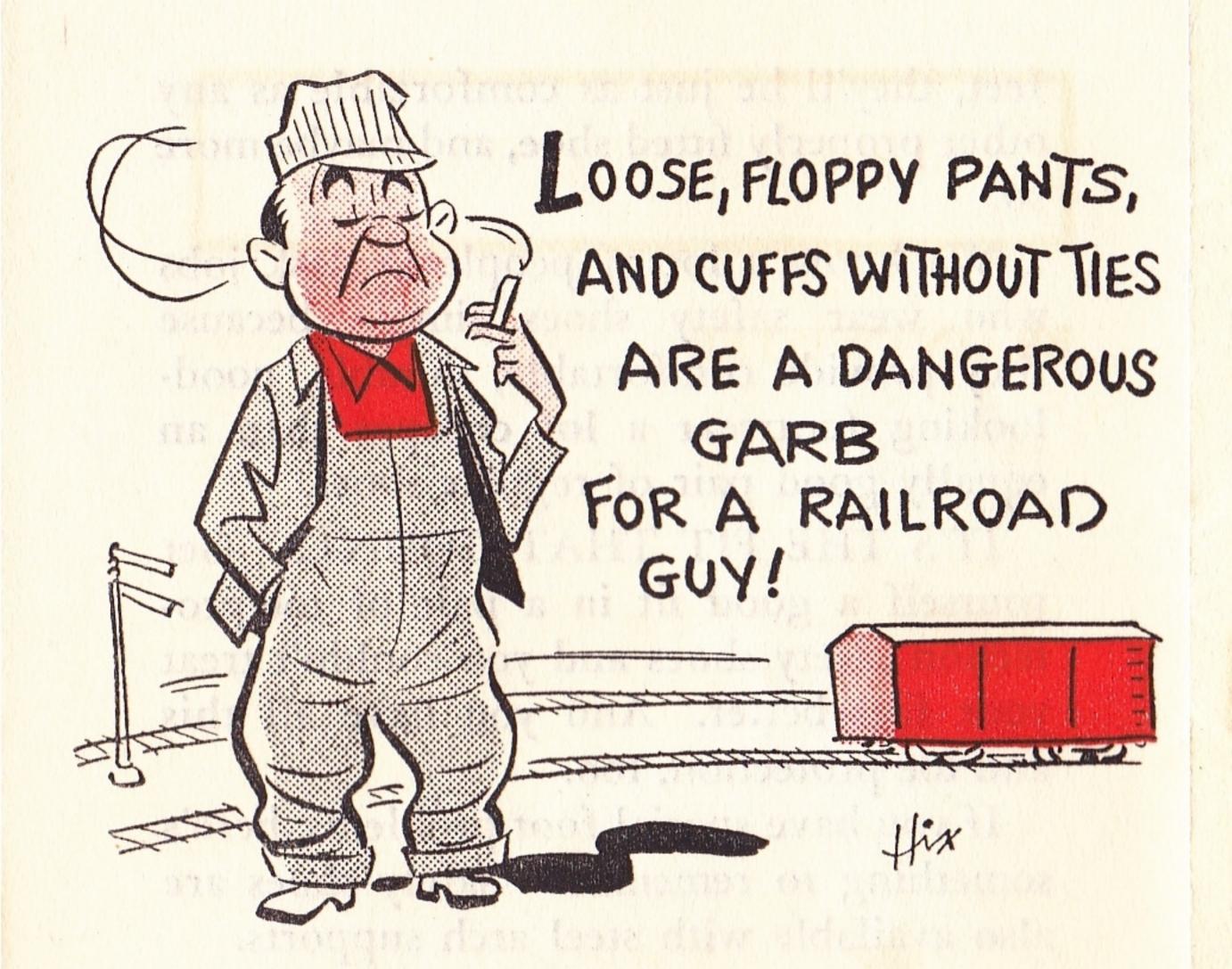
IT'S THE FIT THAT COUNTS. Get yourself a good fit in a pair of toe-protection safety shoes and you couldn't treat your feet better. And you have all this and toe protection, too.

If you have special foot problems, here's something to remember—safety shoes are also available with steel arch supports.

He always called a spade a spade until he stumbled over one in the dark.

IT HAPPENED IN JULY ... Ground was broken July 4, 1851, at St. Louis for the first railroad west of the Mississippi River . . . IT COULD HAPPEN IN JULY ... You could be killed or injured in a holiday traffic accident. Drive safely with courtesy, caution and common sense.

[&]quot;I feel as fresh as a two-year-old."
"Horse or egg?"



THE BACK COVER

MAYBE you think the character in the cartoon on the back cover is carrying things a little too far. But stop and think a minute. Can safety be carried too far? Can something which works for the protection of your life and good health be overemphasized?

Wherever you are and no matter how safe it "looks," when you're crossing tracks near a standing car, always be sure to allow a safe distance between you and the end of the car.

Censorship in the movies and on television is just a case of stop, look and less sin.

THE EXTRA BOARD

BRAINTWISTER: What is the most money you could have in your pocket (excluding \$20 bills and any of higher denomination) without being able to change a twenty? Answer to last month's braintwister: The letter is N. The sentence is "Nine men fanned in nine innings."

An accident can strike you when and where you least expect it. Always stay alert—never relax your safety guard.

PASSING THOUGHT . . . Single gals wonder if there's a man in their future. Married gals wonder if there's a future in their man.

To risk your life is a stupid way To see if signs mean what they say!

The shortstop muttered with a frown As he walked o'er the terrace, "The magnate's daughter turned me down, No runs, no hits, no heiress."

