



ERIE RAILROAD COMPANY

DECEMBER

1955

WHO GETS HURT?

Is it the jerk? Sure, some dumb stunts can jerk him into the hospital, BUT a wise guy can ignore a safety rule and outsmart himself.

Is it the worrier? Sure, if he doesn't concentrate on his job, BUT the smart guy who doesn't give a darn can get hurt just as easily.

Is it the handicapped? Sometimes, BUT they have better safety records than those who are physically okay.

Nobody's immune! BUT most injuries happen to both new and old employees with sound minds and sound bodies—people just like YOU. Why? Just a simple failure to recognize the importance of safe habits and attitudes in your work.

City boy in the country seeing a lightning rod on the barn: "Gee, you must be rich out here. Even the cows have TV."

IT HAPPENED IN DECEMBER... The Huey Long bridge, longest steel railroad bridge in the United States, spanning the Mississippi River above New Orleans, opened for traffic December 16, 1935. It is 23,235 feet in length... First locomotive and train west of the Mississippi River made its initial trip a few miles out of St. Louis December 9, 1852.



Vol. 8, No. 12

Tom Dodds, Conductor Les Dutton, Engineer

THAT'S NOT ALL

YOU hear a lot of yakking these days about "lifting with the legs instead of the back," and that's fine, as far as it goes. But there's more to it. Lifting with your legs instead of your back won't guarantee that you won't be injured.

You've got to be aware of the hazards of slivers, nails, wire and jagged or sharp edges, too.

You need to be sure-footed, sure-handed and steady with movements. Don't tie yourself into knots with twisting or jerky motions.

And remember to wear safety shoes and hand protection.

"It must be awful to be a debt collector. You must be unwelcome anyplace you go."

"Not at all. Practically everyone asks me to call again."

Copyright, 1955, National Safety Council 425 N. Michigan Ave., Chicago 11, Ill. Printed in U.S.A.



POISON

YOU wouldn't knowingly eat poisoned food or drink iodine or sit down on a red hot stove.

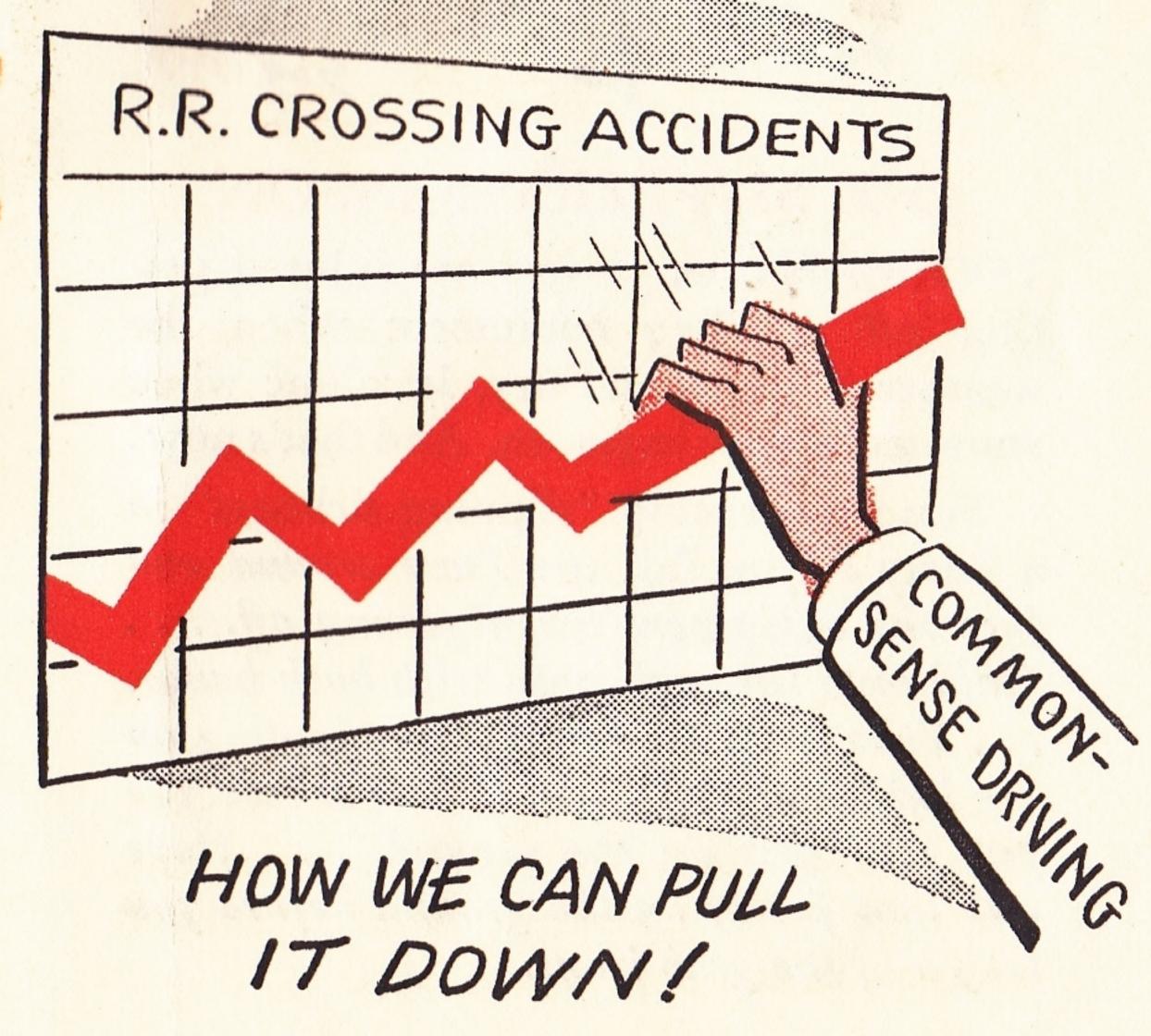
Then why run the risk of blood poisoning by neglecting a cut or puncture wound, or by slapping a dirty handker-chief or old rag on it, or by poking around it with grimy fingers.

Get proper first aid for any wound. If you must give yourself the treatment, make it safe treatment with approved antiseptics and sterile dressings.

HOLIDAZE

SURE, we all lose sleep occasionally when we stay up to watch a late movie on television. But along about this time of year—the holiday season—there are more parties, more chances for celebrating, more chances to lose sleep.

Have fun. Enjoy yourself. But remember this—you need plenty of rest just like any other time of year. So, get it! You'll be more alert and you'll get more out of the holidays . . . and they'll take less out of you.





THE SLIPPERY SEASON

TOO MANY employees are injured getting off standing equipment when the weather is warm and dry, let alone when snow and ice are in season. And that's now!

You can develop "slipping sickness" in a hurry if you fail to: Turn around and face the equipment when getting off.... Hold onto the grab irons with both bands.... Take extra care about your footing on the ladder or steps.... Watch where you put your feet on the ground.... Have one foot firmly on the ground before you let go of the grab irons.

THE EXTRA BOARD

BRAINTWISTER: Which is heavier, a pound of feathers or a pound of gold?

Answer to last month's braintwister: 3½ hours. 36 butts make 6 cigarettes, but the butts of these 6 cigarettes are good for making 1 more cigarette. Total: 7 cigarettes.

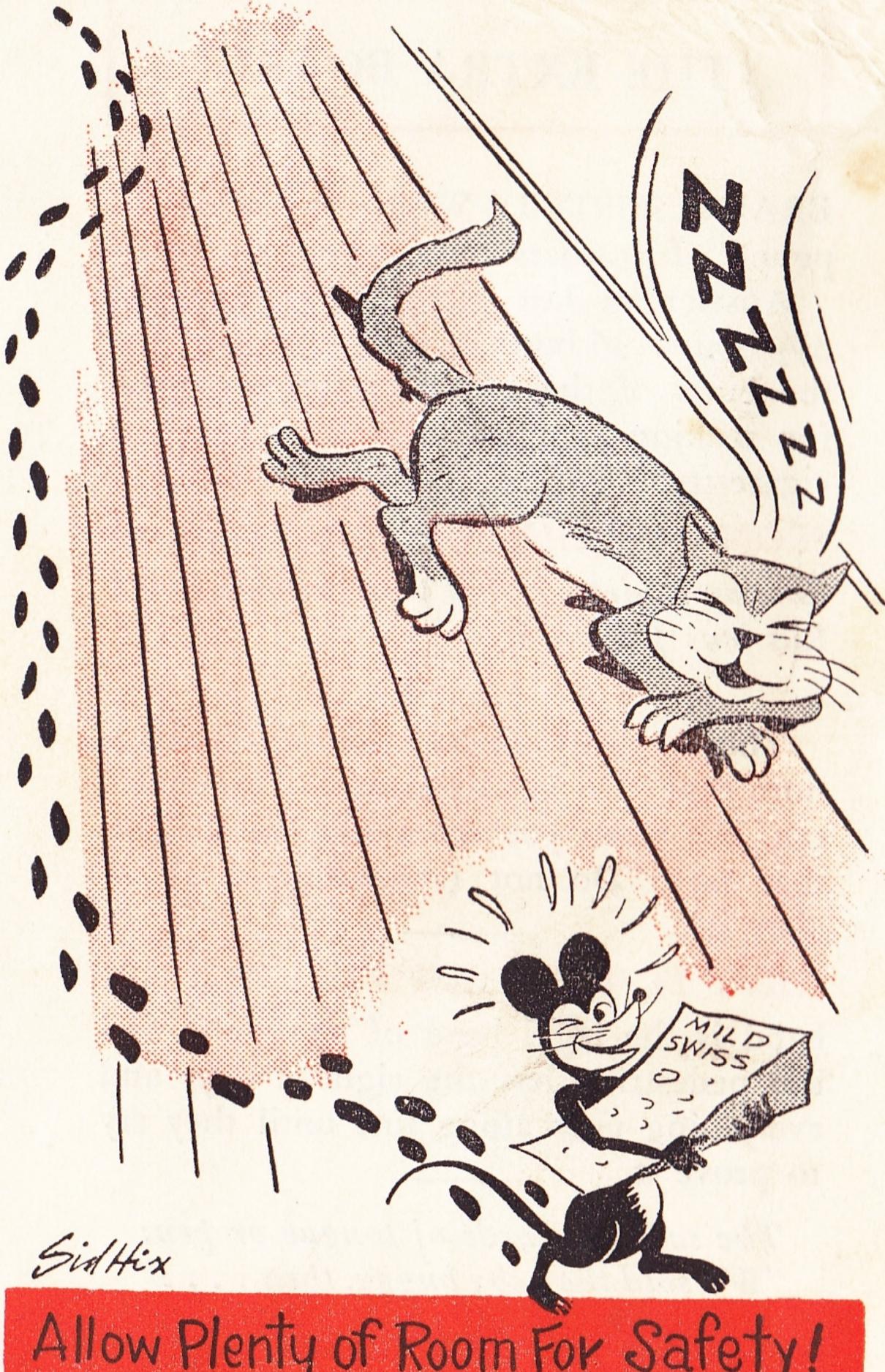
IRON CURTAIN... The trouble with Russian roulette is that there aren't enough Russians playing it.

There's really no harm done if you ignore that "Do not open until Christmas" tag, but when you see a sign on the job that says "Do not (something else)"—obey it!

AIN'T IT THE TRUTH . . . The husband is the legal head of the house and the pedestrian has the right-of-way, and everything goes along fine until they try to prove it.

The saddest words of tongue or pen: "We sold the baby buggy, then . . .!"

Work Safely... Keep yourself and the Christmas spirit alive... Work Safely.



Allow Plenty of Room For Safety!

ESPECIALLY WHEN CROSSING TRACKS
IN FRONT OF MOVING CARS!